Easy Read

Annual Health Checks for adults with learning disabilities

Our plan for this review

Healthcare Inspectorate Wales (**HIW**) checks the safety and quality of healthcare across Wales.

Hard words

Hard words are shown in blue. We explain them in a blue box under the sentence. You can also find all the hard words on **page 7.**



About this **review**

A **review** means we look closely at something to see what is working well and what could be better.



We are looking at how well Annual Health Checks work for adults with learning disabilities.

What is an Annual Health Check?



An Annual Health Check happens once a year.



A doctor or nurse checks your health.



The health check can find health problems.



It can help you get the care and support you need.

Why are we doing this review?



Some people with learning disabilities find it difficult to get the healthcare they need.



We want to know if Annual Health Checks work well.



We want to know if people get the right support.

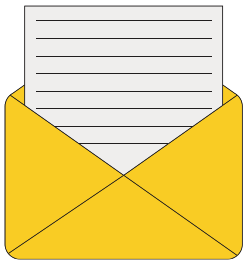


We also want to know what could be better.



What will we look at?

We want to know:



- Were you invited for an Annual Health Check?



- Was the information easy to understand?



- Did you get the support you needed?



- What happened at your health check?



- Did you get the right support afterwards?

We want to hear from people



We will speak to adults with learning disabilities.



We may also speak to family, carers and **advocates**.

Advocates are people who can help you understand information and help you have your say.



We want to hear about their experiences of Annual Health Checks.



We will make it easy for people to take part.



How will we do the review?

We will collect information from across Wales.



We will speak to healthcare staff.



We will look at some GP practices and health records.



We will look at all this information and what people tell us.



What happens next?

We will publish a report about what we find.



The report will say what is working well and what needs to be better.



We plan to publish the report in **Spring 2027**.

Hard words

Hard words

Some words in this document might be hard to understand. This page explains what those words mean in a simple way.



Review

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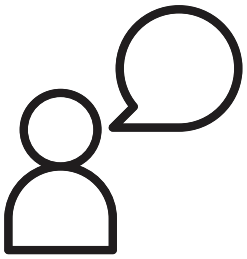
Advocataes

Advocates are people who can help you understand information and help you have your say.

How to contact HIW

Do you need this information in a different way?



We can give you this information in another format or language. Please contact us:



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By email:

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