

Hospital Inspection Report (Unannounced)

Emergency Department, Royal Glamorgan Hospital, Cwm Taf Morgannwg University Health Board

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Healthcare Inspectorate Wales (HIW) is the independent inspectorate and regulator of healthcare in Wales

Our purpose

To check that healthcare services are provided in a way which maximises the health and wellbeing of people

Our values

We place people at the heart of what we do. We are:

- Independent we are impartial, deciding what work we do and where we do it
- Objective we are reasoned, fair and evidence driven
- Decisive we make clear judgements and take action to improve poor standards and highlight the good practice we find
- Inclusive we value and encourage equality and diversity through our work
- Proportionate we are agile and we carry out our work where it matters most

Our goal

To be a trusted voice which influences and drives improvement in healthcare

Our priorities

- We will focus on the quality of healthcare provided to people and communities as they access, use and move between services.
- We will adapt our approach to ensure we are responsive to emerging risks to patient safety
- We will work collaboratively to drive system and service improvement within healthcare
- We will support and develop our workforce to enable them, and the organisation, to deliver our priorities.



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1. What we did

Full details on how we inspect the NHS and regulate independent healthcare providers in Wales can be found on our website.

Healthcare Inspectorate Wales (HIW) completed an unannounced inspection at of the Emergency Department (ED) at the Royal Glamorgan Hospital, Cwm Taf Morgannwg Health Board on 5 (evening), 6 and 7 August 2025

Our team for the inspection comprised of a HIW senior healthcare inspector, three clinical peer reviewers, of which there were two nurses and a consultant, and a patient experience reviewer.

During the inspection we invited patients or their carers to complete a questionnaire to tell us about their experience of using the service. We also invited staff to complete a questionnaire to tell us their views on working for the service. A total of 26 questionnaires were completed by patients or their carers and 55 were completed by staff. Feedback and some of the comments we received appear throughout the report.

Where present, quotes in this publication may have been translated from their original language.

Note the inspection findings relate to the point in time that the inspection was undertaken.

2. Summary of inspection

Quality of Patient Experience

Overall summary:

Feedback from patients, families, and carers was largely positive, with staff consistently praised for their professionalism, compassion, and respectful care. Patients felt listened to and well-informed about their treatment. The newly opened paediatric area was welcomed as an improvement to both safety and experience, and the relatives room provided a quiet, comfortable space.

However, waiting times were a recurring concern, notably due to a lack of flow out of the hospital, across the wider hospital site. These extended stays impacted comfort, privacy, and access to everyday needs such as washing facilities, which are usually provided through ward-based care. While staff made efforts to maintain dignity, shared treatment areas did not always offer sufficient privacy, and some patients felt that measures such as curtains and screens were not consistently used.

Timely triage and medical review were generally observed, supported by a well-functioning ambulance handover area and efficient minor injury unit. Staff communicated professionally, with some able to speak Welsh and use Language Line for other language needs. Health promotion materials were available, and patients receiving minor injury care had access to relevant treatment information.

This is what we recommend the service can improve:

- Staff should remain mindful of the need to more actively engage with certain patients / patient groups when time permits
- The health board should explore the availability of washing facilities for patients who are accommodated in the ED for significant periods of time.

This is what the service did well:

- Most patients agreed that they were treated with dignity and respect, and we observed caring and professional interactions between staff and patients
- Patients generally received timely triage and medical review, supported by a well-developed ambulance handover area.

Delivery of Safe and Effective Care

Overall summary:

The ED was generally well managed, with effective triage and ambulance handover processes supporting timely clinical assessments. Despite improvements to areas,

such as the paediatric ED, the overall departments physical limitations continued to affect the delivery of care, particularly for patients in temporary or seated areas. Staff raised concerns about prolonged stays for older patients, which may impact dignity and optimal care.

Patient flow was supported through regular site-wide meetings and safety huddles, with joint working across departments. However, delays in ward admissions remained a challenge.

Security was identified as a concern following incidents of violence and aggression. While staff had received restraint training, the lack of a consistent on-site security presence requires review in line with available guidance.

Infection prevention and control standards were generally good, with staff adhering to protocols. However, reminders around hand hygiene were recommended, and damaged seating should be replaced to support effective cleaning.

Safeguarding arrangements in the ED were well established, with a nominated lead and access to corporate support. Co-located specialist staff, including learning disability and domestic violence liaison nurses, provided valuable support.

Medicines management was appropriately handled, with secure storage and effective pain assessment. Plans to introduce an Omnicell system were noted, but its placement should be carefully considered to support safe medication preparation.

Pressure and tissue damage prevention measures were largely effective, with timely assessments and appropriate equipment use. One documentation error was identified, and staff are reminded to ensure accurate recording. No ED acquired pressure damage incidents were reported in the four weeks prior to inspection, and shared learning was evident. Falls prevention measures were in place, with most assessments completed promptly.

Joint working was evident in the development of the new paediatric department, though workforce challenges remain. A re-audit against Royal College of Paediatrics and Child Health (RCPCH) standards is recommended to assess progress and workforce capacity.

Staff were generally positive about recent service changes, though concerns were raised about burnout and the departments physical capacity to manage increased demand. The health board is advised to consider staff feedback when planning future changes.

Sepsis management was well understood, with staff using recognised tools such as Sepsis Six. However, a recent audit identified areas for improvement, which are reflected in ongoing quality improvement work.

Nutrition and hydration needs were mostly well met, though one record showed a discrepancy in assessment. The department provided hot meals for patients staying longer, but feedback highlighted concerns about timing, adequacy, and dietary suitability. Hydration access was inconsistent, particularly for certain patient groups.

Medical and nursing records were generally well maintained. The condensed nursing bundle was helpful, but the health board should audit its use to ensure accuracy and alignment with clinical presentation.

This is what we recommend the service can improve:

- The health board must continue to review the footprint of the ED to ensure it remains fit for purpose in the context of current demand, capacity and usage
- Patients in seated areas must only be sat in these areas for appropriate lengths of time
- Aspects of accurate completion of clinical documentation should be strengthened and audited.

This is what the service did well:

- Senior clinical decision maker and nursing triage, along with ambulance handover processes, were found to be generally timely and effective
- There was evidence of good joint working within the department, between hospital site wide services, and externally
- Positive improvements were noted for paediatric patients and their families.

Quality of Management and Leadership

Overall summary:

Staff feedback was generally positive, with most respondents expressing satisfaction with the care they provide. Many would recommend the organisation as a place to work. However, concerns were raised about the adequacy of the ED environment to provide patients with the right level of care that they would wish to provide.

Governance structures were well established, with regular meetings and clear information flow to senior levels. Senior managers were visible and responsive, and most staff felt supported by their immediate managers. Communication between

senior leaders and staff was viewed positively, though some felt less involved in decision-making processes.

While some negative feedback was received regarding departmental leadership and culture, it was not included to protect anonymity. The health board is advised to ensure effective channels are in place for staff to raise concerns, including anonymous options, and to promote awareness of these processes.

Staff were positive and committed to delivering high-quality care, despite ongoing service pressures and structural changes. Initiatives such as increased nursing capacity and the introduction of a 'helicopter nurse' role were welcomed, with further recruitment plans underway. However, just over half of survey respondents felt staffing levels were insufficient, and concerns about burnout were raised. While wellbeing support was available, the health board is advised to remain mindful of staff feedback.

Training was generally well received, with staff identifying further needs in areas such as life support, minor injuries, and communication skills. Immediate Life Support and Paediatric compliance requires improvement, and the health board is expected to take timely action. An audit of the condensed nursing bundle is also recommended to ensure its effective on-going use.

Patient feedback mechanisms were in place and well used, with formal complaints managed appropriately. A wide range of audits supported learning and improvement, though the health board must ensure findings are acted upon and re-audited to monitor progress.

This is what we recommend the service can improve:

- The health board must ensure that clinical audit outcomes are reviewed and re-audited at suitable intervals to monitor progress
- Staff compliance with immediate and advance life support training must be promptly improved
- Staff feedback must be taken into account and appropriate channels opened for staff to provide feedback.

This is what the service did well:

- Staff indicated satisfaction with the quality of care and support they give to patients, and would be happy with the standard of care for themselves or family and friends
- There was good senior experience and visibility located in the department
- Staff were generally round to be positive and enthusiastic in their roles, committed to delivering high quality patient care and service improvement.

3. What we found

Quality of Patient Experience

Patient Feedback

In total we received 26 responses from patients and their family or carers to our survey about their experiences in the Emergency Department (ED). Responses were positive across most areas, with the exception of waiting times which attracted the most negative responses.

We received some patient comments which included:

"I can't thank the staff in RGH enough for how they've treated my father on 2 visits to A&E in the last few months. They've all treated him with dignity and respect, listened to what he and we have to say. They've explained things in a way we can understand. I can't fault anything."

"As a person with type 1 diabetes it took over 11 hours to be asked if I needed anything to eat to maintain my blood sugar levels. Fortunately, my partner could go to the local supermarket to get sandwiches, as when I asked a nurse there was nothing available. I was in the department for 30 hours in a chair which was in a communal room with no privacy curtains."

"Badly on Sunday had to wait 22 hrs"

"Everything was so fast and efficient, we were having tests quickly and all completed in an hour. Saw consultant and had plan for care after 2.5 hours."

It was a concern to hear that no food was available to support a patient with Type 1 diabetes maintain their blood sugar levels, therefore the health must address this issue promptly to prevent recurrence.

The health board must ensure that the ED has access to food for patients as appropriate, such as to support a patient with diabetes to maintain their blood sugar control.

Person-centred

Health promotion

Some health promotion and support information were displayed around the department. This included smoking cessation advice and information on other services, such as NHS 111 and alternative services to the Emergency Department.

Patients who received minor injury care and treatment had access to treatment information leaflets. These were provided by clinicians to support them with appropriate information on their condition, after care and what to do if they need further care or advice.

Dignified and respectful care

Staff were observed to be working diligently to provide patients with dignified care, despite the constraints posed by the department's physical footprint, the volume of patients presenting to the ED, and limitations in patient flow out of the ED. While certain areas of the department, such as the seated lounge and intravenous (IV) treatment area, did not offer sufficient privacy or dignity, we confirmed that staff made efforts to place patients appropriately, in line with established criteria and individual patient needs.

When asked if staff treated them with dignity and respect, most patients agreed. However, when asked if measures, such as use of curtains and screens, were used to protect their privacy, fewer patients agreed. Our conversations with patients revealed that this view was most prominent from those in the shared seated areas of the department.

All interactions between staff and patients were observed to be caring and professional. While we acknowledge the pressures faced by the department, we considered that some patients, particularly those who were older, mildly confused or who otherwise required reassurance, might have benefited at times from a greater degree of staff engagement and interaction

The health board should ensure that staff remain mindful of the need to actively engage with certain patients / patient groups when time permits.

The department provided toilet facilities, however, patient dignity for those awaiting admission to a ward or transfer elsewhere was compromised by the absence of washing facilities. While the ED is not designed to deliver traditional ward-based care, the department is advised to remain mindful of patients who may benefit from, and appreciate, access to such facilities elsewhere within the hospital. A patient example observed during the inspection was shared with staff during the feedback session.

The health board should explore the availability of washing or showering facilities for patients who are accommodated in the ED for significant periods of time, or whose medical condition / presentation might necessitate it.

We found the relatives room to be readily available throughout the inspection, of an appropriate décor and a quiet space away from the main thoroughfare.

Timely

Timely care

We found patients received a timely triage and medical review in most patient records that we reviewed. This was supported by a well-developed ambulance handover area (ANTI), which enabled staff to begin timely investigations, such as bloods and ECG (echocardiogram), upon arrival. This area was staffed continuously by nurses and ED assistants to maintain its function 7 days a week, 24 hours a day. In addition to this, there is a senior clinical decision maker between 08:00 -22:00 hours each day to aid safe and timely investigations, and to support flow through the department

The minor injury unit provided patients with an efficient service for non lifethreatening injuries. This was staffed by emergency nurse practitioners and physiotherapists.

It was positive to note that ambulance handover times, the time in which it takes for a patient on an ambulance to be handed over to the care of emergency department staff, has decreased throughout 2025, with notable reductions seen in the two months leading up to the inspection. However, patients did not always receive timely care within the context of their wider healthcare journey, such as when awaiting admission to a ward, often due to a lack of flow across the wider hospital site. Nonetheless, in the patient records that we reviewed, it was positive to find that patients generally received timely emergency medical and nursing care within the ED.

More information timely care from a risk management perspective is set out in the risk management section later in the report.

Equitable

Communication and language

Staff were observed speaking with patients in a professional and caring manner. Whilst all patients who responded to our survey stated their language preference to be in English, we confirmed that some staff in the department were able to converse

in Welsh. Of those staff who could converse with patients in Welsh, some confirmed that they wore the laith Gwaith badge on their name badge or uniform.

For patients with other language needs, staff were aware of Language Line and its importance in supporting accurate and effective translation between the patient and the treating healthcare professional.

Rights and Equality

The department provides a universal service to all patients who require care and treatment. We observed staff to be providing this care in a way that promoted people's rights, regardless of their background or personal circumstances. Staff were mindful of patient needs, their presenting condition and of any circumstances that would warrant a different approach towards their care.

The department had access to specialist advice and liaison support, including a mental health crisis team, a learning disability liaison nurse and a domestic violence liaison nurse who were both based in the department.

Delivery of Safe and Effective Care

Safe

Risk management

We considered the ED to be an overall well-run service, operating within the constraints of its physical footprint and a number of recently implemented service changes. The triage area, including ambulance arrivals, was found to be proactive and well-managed, with a senior decision-maker in place during daytime hours and dedicated staffing. We observed that this supported timely baseline investigations and contributed positively to the overall delivery of care.

Whilst there had been positive improvements and capital funded works to areas, such as the paediatric department, the footprint of the department did not allow for clinical care to be provided in wholly appropriate environments. This included the seated lounge areas or use of temporary rooms and spaces for purposes other than their intended use. Staff feedback in this area was notable source of concern. This is an area that the health board must be highly mindful of in the context of future estates and capital plans.

The health board must continue to be highly cognisant of the footprint of the department and its ability to remain fit for purpose in the context of current demand, capacity and usage.

Staff reported that the wider hospital site continues to respond well to the shared management of risk between the ED and inpatient wards, which is helping to support patient flow out of the department. However, some patients remain in the ED for longer than is considered optimal to meet their medical and nursing needs.

Whilst we were assured that staff endeavour to take proactive measures throughout each shift to utilise clinical areas appropriately, and move or escalate patients based on clinical need, staff responses to our survey indicated a notable source of concern in this regard. A representative sample of comments included:

"No patient should ever be sat in a chair for a long period of time while being treated, these patients are not seen by some members of the hospital team as a priority for a bed as they are not on a flat space and therefore won't be helpful in offloading an ambulance. Therefore, they can be in the chair for more than 24 to 48 hours on occasions"

"Placing elderly people in chairs for days at a time is cruel and we should do better for patients. I feel when I raise any concerns about patient comfort it is met with no compassion or understanding of the situations"

There are issues within the department due to long chair waits before being transferred to wards however ED and senior nurse are supportive and listen to

concerns raised however there are still times where elderly patients are sat in chairs for prolonged periods ... as often the priority is to offload ambulances"

The health board must ensure that the length of time a patient in seated for is appropriate in the context of the patient criteria and clinical need.

We also noted a range of site-wide meetings that take place throughout the day to assist with patient flow and to support discharge planning. Within the ED, safety huddles were held twice daily to aid the effective running of the department. Additional huddles were also conducted between the ED, Acute Medical Unit (AMU), and Same Day Emergency Care (SDEC) to further support patient flow through the effective use of appropriate clinical pathways.

Through discussion with staff and in further support of patient flow, the health board might also wish to explore the feasibility of establishing a discharge lounge on the hospital site.

We found the recently opened paediatric area to be a welcome addition to the department, enhancing both patient safety and experience. However, we noted that access-controlled doors for this area had not yet been installed, and that a further door was unsecured.

The health board must prioritise the installation and security of the doorways in and out of the paediatric area.

Regarding ED security more generally, we were advised that recent incidents of violence and aggression within the department had led both the ED and the wider health board to implement staff training in restraint techniques. This decision was partly driven by the need to enhance clinical oversight of such incidents, but also by a lack of a consistent security presence within the ED and across the hospital site.

We recommend that the health board refers to the guidance issued by the Royal College of Emergency Medicine (RCEM) in December 2020 and reviews and prioritises the issue of ensuring that ED staff have access to a consistent on-site security presence.

The health board must consider the recommendations of RCEM (December 2020) regarding security and restraint and ensure that ED staff can access a consistent site security presence.

Infection, prevention and control (IPC) and decontamination

Aspects of IPC were found to be maintained to a good standard. The department was overall clean, well-organised and enabled effective cleaning within the constraints of a busy and high flow environment.

Staff demonstrated a good understanding of IPC measures relevant to their roles and responsibilities, including good adherence to bare below the elbow policy and appropriately used personal protective equipment (PPE) when providing barrier nursing care. However, based on our observations, we recommend that all staff are reminded of good hand hygiene principles.

The health board should ensure that staff are reminded of the importance of good hand hygiene principles.

There was a designated Infection Prevention and Control (IPC) lead, and recent IPC audit activity had been undertaken. A governance board was displayed within the department to support the dissemination of key information and learning.

The department had access to a decontamination room and was also able to segregate patients with known or suspected infectious diseases. However, the room was not equipped with negative pressure capabilities and did not provide full isolation.

Reusable equipment was observed to be clean and ready for use. However, some seating in the seated lounge areas was found to be torn, which may hinder effective cleaning.

The health board should replace torn seating to maintain effective cleaning and IPC standards.

Some staff fed back during the inspection and in our survey regarding the relocation of the plaster room to the minor injury area. Staff noted concerns regarding excess dust and infections when treating open wounds. The health board should consider the potential impact this may have on staff, patients, and the delivery of certain minor injury treatments and procedures.

Safeguarding of children and adults

There was a nominated safeguarding lead within the ED, and corporate safeguarding support and advice were available at health board level.

Co-located within the department was a learning disability liaison nurse and a domestic violence liaison nurse, both of whom provided practical support to patients and departmental staff. This is considered noteworthy practice. It was positive to note that a domestic violence audit had been completed, which demonstrated improvements. However, the consistency of patient documentation was identified as an area requiring strengthening.

We confirmed that appropriate screening and trigger tools were in place to support staff in identifying potential safeguarding concerns. Staff we spoke with reported feeling supported by senior colleagues in recognising and escalating safeguarding issues.

Management of medical devices and equipment

There was good access to a range of equipment, devices, and patient aids. All equipment reviewed was found to be in date and in a good state of repair. However, in the ambulance arrivals and triage room, we observed broken plug sockets being used for equipment. Additionally, some sockets in the decontamination room did not have suitable waterproof covers. Due to the potential electrical and fire safety risks posed, this was reported to staff at the time of the inspection.

Medicines management

We found that aspects of medicines management relating to prescribing, administration, and review were appropriately managed.

Pain management was clearly evidenced in the patient records reviewed. Pain was scored upon admission, actioned appropriately, and regularly reassessed.

We reviewed the management of controlled drugs and found that they were securely stored, administered, and logged in accordance with relevant protocols. Staff confirmed that there was good input and support from pharmacy colleagues.

Medication is due to be stored in a new Omnicell dispensing system. In the interim, medicines are securely stored in locked cupboards. Given the busy layout of the department, the health board is advised to carefully consider the location of the Omnicell system to ensure that staff can prepare medication safely and without unnecessary disruption.

Preventing pressure and tissue damage

There were appropriate risk assessments and care plans in place to assess, manage, and review patients at risk of developing pressure and tissue damage. These had been completed in a timely manner in all but one of the relevant records reviewed. In that instance, a patient was incorrectly recorded upon admission as having no pressure concerns, despite presenting with a grade 2 skin pressure damage.

The health board must ensure that staff accurately assess and document pressure and skin tissue damage in clinical notes.

We confirmed that appropriate pressure-relieving equipment was used wherever possible and provided as soon as practicable following the patient's transfer to the department, for example, in cases where patients arrived by ambulance. Where a referral to the tissue viability service was required, we confirmed that this had been made.

There had been no reported incidents of pressure damage acquired within the department during the four weeks prior to the inspection. Where incidents did occur and learning was identified, this information was displayed for staff to support shared learning and improvement.

Falls prevention

There were proportionate ED specific and full multifactorial assessments in place to assess and review patients at risk of falls. These assessments had been completed in a timely manner in all but two of the relevant records reviewed, where a required multifactorial risk assessment and corresponding care plan had not been completed.

The health board must ensure that multifactorial risk assessments and relevant care plans are completed promptly when identified as necessary.

We confirmed that patients had access to call bells that were within reach. Although call bells were not available in the seated lounge areas, patients allocated to this space were risk assessed according to criteria designed to minimise the placement of individuals at risk of falls.

It was positive to note that physiotherapy and occupational therapy services were accessible, and that patients were reviewed within the department when required.

We confirmed that no patient falls had occurred in the department during the four weeks prior to the inspection. In instances where incidents did occur and learning was identified, this information was displayed for staff to support shared learning and improvement.

Effective

Effective care

At the beginning of 2025, in response to medical workforce challenges, the health board made the urgent decision to establish a single acute stroke unit at the Royal Glamorgan Hospital for patients requiring emergency stroke treatment. Staff in the ED confirmed that there was good liaison with stroke nurses when responding to pre-alerts and administering time-sensitive interventions. Senior managers

confirmed that clinical audits and outcome measures will continue to inform the ongoing effectiveness and safety of these recently implemented service changes.

We observed effective joint working, particularly in relation to the establishment of the new paediatric department within the ED and its liaison with the paediatric ward. Staff described ongoing developments within the paediatric department, including some remaining challenges related to the paediatric workforce. We recommend that the department re-audits itself against the Royal College of Paediatrics and Child Health (RCPCH) standards to assess progress and identify any remaining gaps.

The health board should re-audit the paediatric department against the RCPCH standards, with particular focus on paediatric workforce capacity.

While staff feedback was generally positive regarding how teams had responded to service changes and the implementation of new patient pathways, several staff reported that these changes had introduced challenges. These included increased risk of staff burnout and concerns about the physical capacity of the department to safely manage the changes. The health board is advised to be mindful of this feedback and to consider how it engages with staff when planning further operational changes.

We observed good knowledge among nursing and medical staff regarding the identification and management of sepsis, including the use of nationally recognised tools such as Sepsis Six. However, an audit completed by the department in June 2025 identified several areas for learning among both nursing and medical staff. This has been reflected in a recommendation under the quality improvement activities section.

Nutrition and hydration

Nutrition and hydration needs were generally well met within the department, although some areas were identified for improvement in relation to patient experience and the delivery of safe and effective care. However, as highlighted earlier, the health must ensure staff can access food for patients as appropriate.

In all but one patient record reviewed, a nutritional risk assessment had been completed and, where appropriate, fluid intake was monitored. In the one record where a discrepancy was identified, it was noted that the patient could tolerate a normal diet and fluids and that no referral to Speech and Language Therapy (SALT) was required, despite their clinical presentation suggesting otherwise.

The health board must ensure that patients' nutrition and hydration intake is accurately assessed, actioned, and recorded in their clinical notes.

It was encouraging to see that the department had taken steps to meet the needs of patients who remain in the department for extended periods by providing a hot meal. Patient feedback was generally positive, however, several comments were received from patients and staff regarding the strict time thresholds required before food is offered, the adequacy of the food provided, and the ability to meet individual dietary and medical needs. Specific examples were shared during the feedback session.

The health board should continue to review its catering provision for patients who remain in the department for extended periods, as well as for those with specific medical conditions, vulnerabilities, or dietary requirements.

We observed that patients had access to water and hot drinks, although this appeared to be inconsistent. Certain patient groups did not always have drinks within easy reach or the ability to request them. The health board should address issues with access to drinks.

The health board should ensure that hydration needs are being met in a more consistent and structured manner.

Patient records

Overall, we found that medical and nursing record keeping was maintained to a good standard, with the exception of some areas highlighted earlier in this report. Both medical and nursing notes were found to be legible, well-structured, signed, and dated.

We considered the condensed nursing bundle to be a helpful revision for staff. However, we recommend that the health board remains mindful of how these checklists are used, particularly in light of findings that, in some cases, contradicted the patient's presentation or the full clinical notes.

The health board should consider incorporating an audit of the condensed nursing bundle into existing departmental audit processes to ensure its appropriate use and effectiveness.

Quality of Management and Leadership

Staff feedback

In total we received 55 ED staff responses to our survey. Most staff indicated that they were satisfied with the quality of care and support they give to patients and would be happy with the standard of care provided by the hospital for themselves or their own family and friends. A similar number stated that they would recommend the organisation as a place to work.

Where we received negative responses, most staff expressed concerns about the adequacy of the ED environment to perform their roles, including the availability of sufficient and suitable clinical space to care for patients, and the risk of staff burn out.

A representative sample of staff comments included:

"I feel staffing is an issue. The management team do their level best to ensure the environment is safe and meet staffing needs, but unfortunately, due to the increased demand on the ED, staffing levels are not enough to ensure all patient needs are met to a standard that they should be."

"The department and the team consistently think of all ways to make improvements for both our patients and our staff. We work within an highly pressurised environment with capacity and overcrowding constraints however our team are focused to provide the highest possible standard of care within our gift..."

"RGH ED is a warm friendly department with a strong culture of training and staff development. It has improved hugely in the last 4 years and has adapted to the pressures added due to the ongoing incident in POW. However the environment has suffered with no significant capital improvement for many years. The department is dated and too small for the demands it faces..."

Leadership

Governance and leadership

There were a range of governance meetings, forums and processes. We reviewed a sample of meeting minutes and found them to be well attended, with diverse and well detailed agenda items. The flow of information to senior directorate and health board level meetings appeared appropriate.

We found there to be good senior experience and visibility within the department. Several managers and senior clinicians were co-located in the department and were responsive to staff need. Most staff who completed our survey agreed that senior managers are visible and committed to patient care. A smaller proportion, though still over half, agreed that communication between senior managers and staff is effective.

Most staff agreed that their immediate manager can be relied upon to support them with difficult tasks at work and that they receive clear feedback on their performance. Slightly fewer staff agreed that they are consulted before decisions are made that affect their work.

Some negative responses were received in relation to departmental management, leadership, and culture. To minimise the risk of staff being identified, these comments have not been included. However, the health board must ensure that effective channels are in place to receive and respond to concerns raised by staff.

The health board should also ensure that staff are reminded of the organisation-wide processes available to them for raising concerns, including the option to do so anonymously.

Workforce

Skilled and enabled workforce

Overall, we found staff to be positive and enthusiastic in their roles, demonstrating a strong commitment to delivering high-quality patient care and supporting service improvement.

It was encouraging to note that steps had been taken to reflect on what has been a period of significant change for the department, following structural issues at the neighbouring district general hospital and several clinical service changes. These steps included an increase in the nursing establishment within the department, the implementation of a clearly defined 'helicopter nurse' role, designed to support the safe and effective running of each shift by enabling the nurse in charge to focus on shift coordination, and confirmation from senior managers that plans for recruitment into a departmental float nurse role and a health board-wide lead nurse role were advanced.

While these initiatives are positive, it is important to note that just over half of staff respondents to our survey felt there were insufficient staffing levels to enable them to carry out their roles effectively. Several staff also highlighted that current demand on the department is contributing to burnout. Although staff spoke positively about various wellbeing initiatives in place to support them, the health

board is advised to remain mindful of this feedback in the context of ongoing service pressures.

The practice development nurse demonstrated a good understanding of staff training needs within the department. When asked whether they had received appropriate training to undertake their roles, most staff agreed. In terms of additional training that would be beneficial, several staff identified Advanced Life Support, Paediatric Advanced Life Support, and Advanced Trauma Life Support. Other topics mentioned by individual staff included minor injuries triage, cannulation and venepuncture, breaking bad news, and strengthened induction training for new staff.

The health board should consider the training suggestions provided by staff in response to our survey, such as, Advanced Life Support, Paediatric Advanced Life Support, and Advanced Trauma Life Support.

During the inspection, we noted that, despite some mitigation measures, training compliance for both adult and paediatric Immediate Life Support requires improvement. Although this did not result in the issuing of an immediate assurance letter on this occasion, the health board is expected to take timely action to strengthen compliance in these areas.

The health board must review staff compliance with all Immediate and Advanced Life Support training for both adult and paediatric patients, ensuring that improvements are made promptly.

Culture

People engagement, feedback and learning

There were several ways in which patients, carers or relatives could provide feedback about their experience of using the ED. This included questionnaires in the main waiting area, QR code posters in the paediatric ED, or by speaking to the nurse in charge. We also noted that patients are sent a text message following their discharge to request feedback.

It was positive to note that formal complaints were well managed and that they were found to be generally well responded to within the appropriate timeframe according to the Putting Things Right process.

Learning, improvement and research

Quality improvement activities

A broad range of clinical and non-clinical audits had been undertaken within the department. These included audits relating to sepsis, time-critical medications, patient experience, and compliance with neck of femur treatment protocols.

Several audits had been completed recently and provided the department with clear and specific feedback to support quality improvement. While the audits highlighted a number of positive findings, they also identified areas for improvement that the department should reflect on and address.

The health board must ensure that both the department and the wider service remain fully informed of audit outcomes and areas requiring improvement. Audit findings and associated learning must be applied effectively and subject to re-audit at appropriate intervals to monitor progress.

It was encouraging to observe the ongoing work to revise leadership and governance structures within the urgent care group and across the wider health board. These changes should support improved quality oversight, benchmarking, shared learning, and the replication of successful initiatives.

Whole-systems approach

Partnership working and development

There appeared to be effective working relationships between the Emergency Department (ED) and other wards and services within the hospital site, as well as across the wider health board. Examples of this were observed in clinical areas such as paediatrics and stroke services.

During discussions held as part of the inspection, ambulance staff from the Welsh Ambulance Services NHS Trust (WAST) reported positive working relationships with ED staff. They noted that ED staff were attentive to meeting patient needs and ensuring that handovers were carried out in a timely manner.

4. Next steps

Where we have identified improvements and immediate concerns during our inspection which require the service to take action, these are detailed in the following ways within the appendices of this report (where these apply):

- Appendix A: Includes a summary of any concerns regarding patient safety which were escalated and resolved during the inspection
- Appendix B: Includes any immediate concerns regarding patient safety
 where we require the service to complete an immediate improvement
 plan telling us about the urgent actions they are taking
- Appendix C: Includes any other improvements identified during the inspection where we require the service to complete an improvement plan telling us about the actions they are taking to address these areas.

The improvement plans should:

- Clearly state how the findings identified will be addressed
- Ensure actions taken in response to the issues identified are specific, measurable, achievable, realistic and timed
- Include enough detail to provide HIW and the public with assurance that the findings identified will be sufficiently addressed
- Ensure required evidence against stated actions is provided to HIW within three months of the inspection.

As a result of the findings from this inspection the service should:

- Ensure that findings are not systemic across other areas within the wider organisation
- Provide HIW with updates where actions remain outstanding and/or in progress, to confirm when these have been addressed.

The improvement plan, once agreed, will be published on HIW's website.

Appendix A - Summary of concerns resolved during the inspection

The table below summaries the concerns identified and escalated during our inspection. Due to the impact/potential impact on patient care and treatment these concerns needed to be addressed straight away, during the inspection.

Immediate concerns Identified	Impact/potential impact on patient care and treatment	How HIW escalated the concern	How the concern was resolved
Recently expired temazepam was located in the resus area, despite being logged as being out of date and in need of replacement twice in the week prior to the inspection.	Expired medication can affect its efficacy	Escalated to management during the inspection	This was escalated to the Pharmacy Department for remedial action.
In the ambulance arrivals and triage room, we observed broken plug sockets being used for equipment. Additionally, some sockets in the decontamination room did not have suitable waterproof covers. Due to		Escalated to management during the inspection	This was immediately flagged to the Estates Department for remedial action.
the potential electrical and fire safety risks posed, this was			

reported to staff at the time of the		
inspection.		

Appendix B - Immediate improvement plan

Service:

Date of inspection:

The table below includes any immediate concerns about patient safety identified during the inspection where we require the service to complete an immediate improvement plan telling us about the urgent actions they are taking.

		Improvement needed	Standard / Regulation	Service action	Responsible officer	Timescale
1.	Not applicable					
2.						

The following section must be completed by a representative of the service who has overall responsibility and accountability for ensuring the improvement plan is actioned.

Service representativ

Name (print):

Job role:

Appendix C - Improvement plan

Service: Royal Glamorgan ED

Date of inspection: 5-7 August 2025

The table below includes any other improvements identified during the inspection where we require the service to complete an improvement plan telling us about the actions they are taking to address these areas.

Risk/finding/issue		Improvement needed	Standard / Regulation	Service action	Responsible officer	Timescale
1.	Risk to safe and effective care (nutrition)	The health board must ensure that the ED has access to food for patients as appropriate, such as to support a patient with diabetes to maintain their blood sugar control.	Health and Care Quality Standards 2023	Cwm Taff University Health Board (CTMUHB) acknowledges that patients must have access to a variety of food to meet individual needs, including patients who are diabetic to ensure that blood sugar levels are controlled. We recognise that the ability to provide regular offers of food and fluids to patients	Regional Facilities Manager	Complete 30th September 2025

within the department
has been challenging
however improvement
work with the facilities
team has supported
options available to our
patients.
The catering team
attend the department
to provide refreshments
3 times a day from the
catering trolley:
08:00 - 08:30 hours -
cereal, toast and hot drink
12:00 - 12.30 hours -
soup, sandwich and hot
drink
17:00 - 17:30 hours -
hot meal and hot drink.
At the times of when
the catering team
attend the department,
the Nurse-in-Charge
(NIC) will advise of any patients that require
food or drink who are
currently in the waiting
carrency in the matching

room, on the back of an ambulance waiting to be handed over or within our fit to sit areas. Out of hours, the **Emergency Department** (ED) nursing team will provide refreshments of hot drinks and sandwiches which are kept in the department fridge. The Nursing staff record on the nursing documentation when a patient is offered refreshments. The ED waiting room has a vending machine offering cold snacks and there is also a vending machine providing hot and cold drinks. The vending machine stocks are replenished daily. For patients who require specific dietary needs, the catering department can be

	Risk to person centred	The health board should	contacted and food to meet the needs of the patient can be arranged. Additional information: A Band 5 registered nurse (RN) and Band 3 Emergency Department Assistant (EDA) in ED undertook a patient survey to identify if menu choice was made available to them. A PowerPoint presentation was completed to record the findings. Next steps are to meet with the facilities team to discuss the findings and discuss a plan to improve meal choice and options for our patients attending the ED.	Lead Nurse	31st
2.	care	ensure that staff remain	the findings and the	Unscheduled	January
		mindful of the need to	importance of ensuring	Care	2026

actively engage with		that all staff are	Senior Nurse
certain patients / pat	ent	mindful of the needs to	ED
groups when time per	nits.	ensure engagement	Clinical Lead
		with all patients.	Emergency
			Lead
		We recognise that	
		effective	
		communication and	
		engagement are crucial	
		to providing patient-	
		centred care to	
		promote positive	
		outcomes. Ensuring our	
		patients are actively	
		engaged with is a whole	
		team approach.	
		Patient feedback is	
		gathered on a weekly	
		basis where feedback is	
		collected and reviewed.	
		Feedback from both	
		service users and carers	
		is utilised to support	
		service and	
		environmental	
		improvements.	

All staff are regularly
reminded to introduce
themselves to patients,
informing them of their
name and their role and
to repeat this
information regularly as
needed.
"You Said", "We Did"
promotes an inclusive
culture and engagement
with all patient groups,
the CTMUHB Patient
Experience group are
reviewing this
information with a view
to clearly displayed it
within the department
The ED has been
supported by a
volunteer group over
the past 18 months.
Under nursing direction,
the team undertake
shift working to support

peoples experience
within in the ED.
Volunteers may carry
out a combination of
the tasks listed below
as required:
as required.
Provide support
and
companionship
for patients
Support patients
to contact
relatives and
loved ones either
using patient's
personal device,
CISCO phone or
tablet where
appropriate
Provide feedback
to staff, transfer
messages and run
errands to other
departments within the
hospital • Provide
refreshments for

	patients (with
	staff guidance,
	checking for any
	allergies or
	diet/liquid
	restrictions)
	Help at
	mealtimes to
	hand out food
	and drinks, check
	cutlery and
	utensils are
	suitable for
	patients, clear
	away etc. and fill
	up water jugs
	Check in on
	patients and
	visitors in waiting
	areas
	Replenish stock
	Direct, and
	accompany
	where
	appropriate,
	patients/visitors
	to other areas of
	the hospital (not
	where patients

require a clinical
escort)
Encourage and assist patients
assist patients and
family/friends to complete
feedback survey
reedback survey
The Department has use
of the Reminiscence
Interactive Therapy
Activities (RITA) system
for patients attending
the ED. This is digital
tablet-based therapy
tool for patients with
Dementia, cognitive
impairment, and other
conditions. The RITA
system provides music,
games, films, photos
and historical news to
stimulate memories,
promote engagement
and helps to reduce
anxiety and agitation.

The ED has improved training compliance in undertaking Equality and Diversity online training compliance is
currently 88%. Targeted area to improve training compliance by January 2026.
Additional Information:
Raise further awareness to staff of the RITA system. A written memo will be completed to share widely with our teams. Payalan a patient
Develop a patient experience group within the ED to promote quality improvements towards the

experience for
our patients.
PCH ED has
shared the
Dementia
improvement
work undertaken
there with RGH
to promote
shared learning
and commence
plans to
implement
improvement
work undertaken.
8 members of the
nursing team
have been
allocated to
attend Dementia
training between
November 2025
and January
2026. Will ensure
training is
cascaded across
the wider team
the wider team

			and a Dementia Champion will be identified.		
3.	Risk to person centred care	The health board should explore the availability of washing or showering facilities for patients who are accommodated in the ED for significant periods of time, or whose medical condition / presentation might necessitate it.	Cwm Taff University Health Board recognises the current unavailability of washing and/or showering facilities within the ED. All patients attending the ED are offered wash facilities by the way of disposable wash bowls, individual soap sachets also providing a stock of toothbrushes, toothpaste and hair coombs. For our patients who are accommodated in the ED for a longer period of time, we have explored departments located around the ED	Lead Nurse Unscheduled Care Senior Nurse ED	30 Sept 2025

to identify facilities which may be considered as an available option to our patients. The Radiology Department which is adjoined to the ED has showering facilities. Since the HIW visit, we have discussed the option of the use of the showering facilities with radiology colleagues who have confirmed that showering facilities within the radiology department can be utilised. This agreement enables staff to offer suitable patients to access washing and showering facilities during their stay within the ED. Environmental audit / risk

assessment of
washing
facilities to
ensure
suitable for
patients
- Review
staffing
allocations
where
patients may
require
supervision or
support with
personal care.
personat care.
Additional Information:
Additional morniation.
Share the above
agreement with
the nursing team
to raise
awareness of
accessible
facilities for our
patients who can
be offered to

			shower during		
			their stay at ED.		
4.	Risk to safe and effective care	The health board must continue to be highly cognisant of the footprint of the department and its ability to remain fit for purpose in the context of current demand, capacity and usage.	CTMUHB recognises the requirement to continually the ED footprint and its ability to remain fit for purpose in the context of current demand and capacity. Following service reconfiguration as a result of the Critical Incident in Princess of Wales Hospital, a comprehensive review of the current ED footprint will be required to ensure it aligns with evolving service needs. This review should consider patient flow, workforce requirements, infrastructure	Directorate Manager Emergency Medicine	31 March 2026
			limitations, and future		

			growth projections to ensure the department remains responsive, safe, and sustainable.		
5.	Risk to timely, safe and effective care	The health board must ensure that the length of time a patient in seated for is appropriate in the context of the patient criteria and clinical need.	assurance must be provided to acknowledge the importance of ensuring that patients sitting in chairs are appropriate in the context of clinical need and are not in chairs for extended periods of time. To address this, a 12-hour action card is being developed, in its infancy stages, to identify and support prioritisation of patients who have been within the department in excess of 12 hours	Clinical Lead ED Lead Nurse Unscheduled Care Senior Nurse ED	31st October 2025

which can include prompts to review the length of stay experienced within a chair and prioritisation for a suitable flat space. The nursing team including a newly developed role of the 'Helicopter Nurse' will conduct regular assessments of patients in chairs to determine appropriateness and highlight patient prioritisation. The NIC ensures appropriate escalation, ensuring daily discussions as part of the formal "Safe to Start" meetings undertaken at 08:00 hours and 14:30 hours, recognising risk to

patients, risk of
pressure damage and
patient experience.
The number of patients
waiting in chairs is also
highlighted at the three
daily HB conference
calls.
Recent patient
experience
improvement work has
been undertaken to
offer suitable patients
ear plugs and eye masks
within busy fit to sit
areas to promote rest
and sleep.
The ED utilises Repose
pressure relieving aids
which are offered to
patients who are
identified as at risk of
developing pressure
damage. The ED
huddles which occur 3
times daily include
times daily include

focus on patient safety and quality, which includes escalation for
patients who are seated for prolonged length of
time and who are at
risk of developing
pressure damage.
A recent Pressure Ulcer
prevalence audit has
been undertaken within
the ED where feedback
has been presented.
The audit recognises
the requirement to
continue to supply a
sufficient stock of
repose pressure
relieving cushions for
our patients who are
seated in chairs.
Next Steps:

			 In addition to the steps already undertaken an amendment will be made to the ED Safe to Start proforma to include details of patients who have spent a prolonged wait in a chair. The 4-hour performance metric should support the reduction in length of time waiting in chairs and this needs to be supported by effective 		
			and this needs to be		
6.	Risk to safe care and the workforce	The health board must consider the recommendations of RCEM (December 2020) regarding security and restraint and	CTMUHB acknowledges the findings regarding the requirement to ensure consistent	Lead Nurse Unscheduled Care	

ensure that ED staff can	access to on site
access a consistent site	security presence.
security presence.	
	The ED regularly
	receive Violence and
	Aggression (V&A)
	Modules B - Personal
	Safety & De-escalation
	and Module C -
	Breakaway & Escape
	Techniques.
	Historically CTMUHB
	Emergency Departments
	have not been trained
	in Module D - Physical
	Restraint Techniques
	(PMVA) and the onsite
	security team are
	trained to assist with
	restraint.
	Facilities 31st March
	Since the introduction Service 2026
	of Right Care Right Director
	Person by South Wales
	Police, ED staff cannot
	guarantee support from
	South Wales Police to

attend incidents of
violence. Datix incident
analysis over the past
few years shows
security porters have
been required to
manage restraint
incidents without back
up support from South
Wales Police.
There are two security
porters available to
manage violence at any
given time and this is to
support the hospital
site.
Next steps:
The facilities team are
currently undertaking a
review of the security
team establishment and
a training needs
analysis to support the
increase of security

7.	Risk to safe care (Infection Prevention and Control)	The health board should ensure that staff are reminded of the importance of good hand hygiene principles.		availability at the hospital site. The facilities team are undergoing improvement work to review the current establishment of the security team and implement a training plan for PMVA training. CTMUHB recognises the importance of reminding staff to comply with Bare Below Elbow (BBE) guidance and adhering to good hygiene principles. The ED has undertaken targeted work to improve BBE compliance by: • displaying visual posters at the entrances of the ED to remind	Lead Nurse Unscheduled Care Senior Nurse ED Clinical Lead Emergency Department	Complete 30th September 2025
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staff to ensure
BBE prior to
entering the
clinical area
reiterating the
necessity of
being BBE on
each nursing and
clinician
handover
Regular memos
shared with staff
via our
information
sharing
platforms -
weekly
newsletter,
printed memos
and internal
social media
platforms.
• Departmental
monthly AMaT
audits are
undertaken to
monitor trends,

improvements
and progress.
Deputy Medical
Director has
reminded all
resident medical
staff of the need
for BBE
compliance (this
is also included
in Resident
Doctor Induction
sessions)
BBE compliance
is presented via
the monthly
IP&C site
meetings
including lessons
learned
BBE audits are
presented at the
bi-weekly ED
governance
meetings for
wider learning
wider tearning

	Risk to safe care (IPC)	The health board should	CTMUHB recognises the	Directorate	31 October
8.	Misk to sale cale (ii c)	replace torn seating to	importance of ensuring	Manager	2025
		maintain effective cleaning	that all equipment and	Emergency	2023
		and IPC standards.		Medicine	
		and IPC standards.	seating are maintained	Medicine	
			effectively to ensure		
			effective cleaning and		
			adhering to IP&C		
			standards.		
			We recognise that torn		
			or damaged seating can		
			pose a risk to IP&C and		
			compromise the		
			cleanliness of the		
			department.		
			department.		
			A walk-through in the		
			department has been		
			undertaken on the 24th		
			September 2025 by the		
			ED Band 7 management		
			team to identify both		
			condemned and torn		
			seating. This enables us		
			to prioritise the		
			· ·		
			replacement or repair		
			of our chairs.		

			AMaT audits are undertaken which incorporates IP&C environmental audits to ensure regular maintenance of our chairs are implemented to enable us to efficiently address damaged or torn seating. Next Steps: Received quote for new chairs to replace condemned furniture. This quote has been submitted for approval.		
9.	Risk to safe and effective care (pressure damage)	The health board must ensure that staff accurately assess and document	CTMUHB acknowledges the importance of providing assurance	Lead Nurses Unscheduled Care	31 December 2025

pressure and skin tissue	that staff assess and	Senior Nurses
damage in clinical notes.	document pressure and	ED
	skin tissue damage.	
	The nursing team are able to provide assurance of awareness that a skin assessment must be undertaken within 6 hours of arrival as per Health board policy.	
	The ED Nursing documentation includes relevant risk assessments and documents to allow contemporaneous documentation following a skin assessment. This includes initial skin assessment with body map, Purpose T assessment and repositioning charts.	

The role of the
'Helicopter nurse' is to
undertake
documentation checks
which is documented
within a checklist on
the back of the ED
nursing pack to support
live auditing and timely
actions to be
undertaken.
and creaters.
As addressed
previously, a recent
Pressure Ulcer
prevalence audit has
been undertaken within
the ED and feedback
has been presented.
Should an incident
occur relating to
Pressure, ED attends
the pressure assurance
panel which runs
weekly.

The Pressure Ulcer
Prevention Champion
collates lessons learned
following panels to
include within the
training programme as
described in next steps.
The ED displays a
Governance Board on
the main corridor of the
ED which includes
incident reporting data,
lessons learned,
learning from
excellence and trends
identified.
rachtmed.
Current ED training
compliance for Pressure
Ulcer Training is 71%. A
trajectory of
improvement of training
compliance has been
made. The Band 7
Practice Development
Nurse (PDN) will work
alongside the ED

Pressure Ulcer
Prevention Champion to
target training
compliance
improvement by
December 2025.
Next Steps
The audit
recognises the
requirement to
update the ED
nursing
documentation
pack to include a
formalised care
plan which has
been supported
by our Tissue
Viability Nursing
(TVN) team. The
updated ED
nursing pack is
currently in draft
and with a view
to implement

			across the 3 ED's in CTMUHB. The ED has recently supported the enthusiasm of Band 6 RN to become the ED Pressure Ulcer Prevention Champion who is currently working on an internal training programme collaboratively with the TVN to incorporate education, the good work being undertaken and areas for improvement.		
10.	Risk to safe and effective care (falls)	The health board must ensure that multifactorial risk assessments and relevant care plans are	CTMUHB recognises the importance of completing multifactorial risk assessments and care	Lead Nurses Unscheduled Care Senior Nurses ED	31 December 2025

completed promptly when	plans in a timely
identified as necessary.	manner to ensure that
	our patients receive the
	highest quality of care
	which is patient
	centered. We recognise
	the importance in
	completing these
	assessments and plans
	to promote patient
	safety.
	The ED nursing
	documentation pack
	includes relevant risk
	assessments and care
	plans to support our
	patients.
	To ensure that our
	assessment processes
	are efficient, effective
	and timely, we are
	planned to undertake a
	review of the current
	ED nursing pack across
	the 3 EDs in CTMUHB.
	Following a review and

implementation of the
updated ED nursing
pack, we will ensure
nursing staff are trained
and competent to
complete the
multifactorial risk
assessments.
assessifieries.
As identified proviously
As identified previously,
the role of the
'Helicopter nurse' is to
undertake
documentation checks
which is documented
within a checklist on
the back of the ED
nursing pack to support
live auditing and timely
actions to be
undertaken.
didereateri.
In the event of
implementing
new/updated
documents, we ensure
that all staff are briefed
both via verbal and

			written memos, by utilising internal social media page, emails, weekly ED newsletter and uploaded on the ED SharePoint page on the Health Board Intranet.		
11.	In aid of learning and improvement	The health board should reaudit the paediatric department against the RCPCH standards, with particular focus on paediatric workforce capacity.	CTUMHB recognises the importance to audit and revisit the RCPCH audit following the implementation of a designated paediatric area in the ED. The ED has developed a Paediatric Emergency Medicine (PEM) group who are currently undertaking a review of the RCPCH standards to benchmark against previous audits prior to implementing the designated paediatric area.	PEM Consultant ED Senior Nurse	31 October 2025 31 December 2025

	T	T.			
12.	Risk to safe and effective care (nutrition and hydration)	The health board must ensure that patients' nutrition and hydration intake is accurately assessed, actioned, and recorded in their clinical notes.	CTMUHB acknowledges the importance of accurately assessing, acting on and recording patients nutritional and hydration intake to ensure that patients nutritional needs are met.	Lead Nurse Unscheduled Care Senior Nurse ED	Complete 30th September 2025
			The ED nursing pack includes the appropriate nutritional risk assessments to facilitate recording of a patient's requirements.		
			The ED nursing pack includes appropriate risk assessments to ensure that patients' nutrition and hydration intake is accurately recorded within nursing notes and that the		

			information documented is used to inform a plan of care. To ensure compliance with its use 'Helicopter nurse' will undertake documentation checks which is documented within a checklist on the back of the ED nursing pack to support live auditing of risk assessments and to ensure timely actions are undertaken.		
13.	Risk to safe and effective care (nutrition and hydration)	The health board should continue to review its catering provision for patients who remain in the department for extended periods, as well as for those with specific medical conditions, vulnerabilities, or dietary requirements.	Cwm Taff University Health Board (CTMUHB) acknowledges that patients must have access to a variety of food to meet individual needs, including patients who are diabetic to ensure that	Regional Facilities Manager	Complete 30th September 2025

blood sugar lavels are
blood sugar levels are
controlled.
We recognise that the
ability to provide
regular offers of food
and fluids to patients
within the department
has been challenging
however improvement
work with the facilities
team has supported
options available to our
patients.
patients.
The catering team
The catering team
attend the department
to provide refreshments
3 times a day from the
catering trolley:
08:00 - 08:30 hours -
cereal, toast and hot
drink
12:00 - 12.30 hours -
soup, sandwich and hot
drink

17:00 - 17:30 hours -
hot meal and hot drink.
not meat and not drink.
At the times of when
the catering team
attend the department,
the Nurse-in-Charge
(NIC) will advise of any
patients that require
food or drink who are
currently in the waiting
room, on the back of an
ambulance waiting to
be handed over or
within our fit to sit
areas.
areas.
Out of hours, the
Emergency Department
(ED) nursing team will
provide refreshments of
hot drinks and
sandwiches which are
kept in the department
fridge. The Nursing staff
record on the nursing
documentation when a

patient is offered
refreshments.
The ED waiting room
has a vending machine
offering cold snacks and
there is also a vending
machine providing hot
and cold drinks. The
vending machine stocks
are replenished daily.
For patients who
require specific dietary
needs, the catering
department can be
contacted and food to
meet the needs of the
patient can be
arranged.
arrangee.
Additional information:
Additional information.
A Band 5 registered
nurse (RN) and Band 3
Emergency Department
Assistant (EDA) in ED
undertook a patient

			survey to identify if menu choice was made available to them. A PowerPoint presentation was completed to record the findings. Next steps are to meet with the facilities team to discuss the findings and discuss a plan to improve meal choice and options for our patients attending the ED.		
14.	Risk to safe and effective care (nutrition and hydration)	The health board should ensure that hydration needs are being met in a more consistent and structured manner.	CTMUHB wishes to acknowledge the vital importance of ensuring our patients' hydration status is regularly assessed. Accurate monitoring and recording of patients' fluid intake is vital to ensure that	Lead Nurse Unscheduled Care Senior Nurse ED	Complete 30th September 2025

accurate hydration is
received.
CTMUHB recognises the
importance of ensuring
that drinks are offered
and available for our
patients.
The nursing team will
ensure that water jugs
are regularly filled with
fresh water and
available to patients in
the waiting area and
that jugs of water are
offered to our patients within clinical areas.
The ED volunteer team
will also support regular
refreshments and refills
under direction from
the nursing team.
During catering hours,
the catering team will
attend the department
3 times a day to offer

			both hot and cold refreshments. Outside of catering working hours, the catering team will ensure that the department has stock for the nursing team to offer both hot and cold drinks to our patients Continuous work via patient surveys will allow monitoring and improvements of catering provisions available which allow efficient action to support continuous improvements.		
15.	Risk to safe, effective and person-centred	The health board should consider incorporating an	CTMUHB acknowledges the importance of	Lead Nurses Unscheduled	31st December
	care (record keeping)	audit of the condensed	auditing the ED nursing	Care	2025
	, , , , , , , , , , , , , , , , , , , ,	nursing bundle into existing	pack to measure	Senior Nurses	
		departmental audit	appropriateness of its	ED	
		processes to ensure its	use.		

appropriate use and	
effectiveness.	To ensure that our
	assessment processes
	are efficient, effective
	and timely, we are
	planned to undertake a
	review of the current
	ED nursing pack across
	the 3 EDs in CTMUHB.
	Following a review and
	implementation of the
	updated ED nursing
	pack, we will ensure
	appropriateness and
	effectiveness of its use.
	Following a
	review of the ED
	nursing pack and
	agreement of the
	updated
	documentation,
	we plan to meet
	with the AMaT
	team to discuss
	implementing an
	electronic audit

			which can record usage and effectiveness of the ED nursing pack. • An audit review will allow monitoring of the use of the ED nursing pack and highlight what is working well and which areas require improvement.		
16.	Risk to culture (speaking up)	The health board should also ensure that staff are reminded of the organisation-wide processes available to them for raising concerns, including the option to do so anonymously.	CTMUHB recognises the importance of ensuring that all staff are aware of the organisational availability to raise concerns including the option to raise concerns anonymously which promotes an open culture.	Lead Nurse Unscheduled Care Senior Nurse ED	31st October 2025

The ED has set up a
process for staff to have
the opportunity to post
written feedback on
small cards that can be
placed in a sealed box
or via a QR code to a
Microsoft form (ideas
and concerns) which is
collected and reviewed
on a weekly basis.
Following feedback
review, we will ensure
that we feedback to the
team on actions we can
support, progress or
which may require
further discussion.
Tarther diseassion.
The ED band 7
managers undertake 1:1
wellbeing session with
staff. The wellbeing
session is an informal
meeting offering the
nursing team to have
dedicated time with
their line managers to

discuss what is going
well, areas of concern
and allows a
confidential session to
discuss the staff
members wellbeing.
A memo will be
circulated to the
ED team via our
information
sharing platforms
to remind staff of
the process on
how concerns can
be raised and the
opportunity to raise a concern
anonymously.
The 'Dealing with
Anonymous
Concerns
Procedure' is
accessible via the
intranet page.
We will ensure a
link is provide on

the ED
SharePoint page
to raise
awareness and
allow ease of
access to this
information.
The 'Dealing with
Anonymous
Concerns
Procedure'
details how the
organisation will
act upon any
information
received
anonymously, in
accordance with
existing
protocols,
policies and
procedures, and
aims to ensure
that:

			 Anonymous allegations or concerns are taken seriously; and CTMUHB provides a consistent approach in dealing with anonymous communications. 		
	Diely to onfo and	The health heavid the suid	communications. The ED senior team will ensure that the policy is accessible to all staff to raise awareness of the support offered by the organisation.	Lood News for	24 at March
17.	Risk to safe and effective care (training) and workforce	The health board should consider the training suggestions provided by staff in response to our survey, such as, Advanced Life Support, Paediatric Advanced Life Support, and	CTMUHB acknowledges that compliance for mandatory resuscitation training is not where we want it to be. The ED currently has 46 staff booked on various resuscitation courses, compromising of both	Lead Nurse for Acute Deterioration and Outreach Services Senior Nurse ED	31st March 2026

Advanced Trauma Life	inhouse and external	
Support.	training.	
	It is important to note	
	that there is currently a	
	delay with booking	
	resuscitation courses via	
	the resuscitation team	
	due to staff shortages	
	amongst the team which	
	is currently affecting	
	course availability.	
	Resuscitation training is	
	a recognised constraint within the Health Board	
	and new ways of working	
	are being explored.	
	Please see attached	
	current training	
	compliance for ED	
	including all available	
	resuscitation courses	
	with a trajectory plan:	
	Current Trauma training	
	Compliance:	
	• MTLS = 45%	
	• TNCC = 24%	
	- 11100 - 1/0	

Overall level 2
trauma = 69%
(Band 6&7 only)
An 8a Senior Nurse for
Professional Education
has been appointed
(August 2025) who is
undertaking a training
needs analysis and a
study plan for all RNs
and HCSW which will
align across the 3 ED's.
The PDN across
the 3 EDs are
currently
working towards
instructor
potential to
enable and
facilitate
inhouse training
to support
training
compliance
improvements. A
trajectory

			improvement action plan has been made to improve compliance to		
			100%.		
18.	Risk to safe and effective care (training) and workforce	The health board must review staff compliance with all Immediate and Advanced Life Support training for both adult and paediatric patients, ensuring that improvements are made promptly.	CTMUHB acknowledges that compliance for mandatory resuscitation training is not where we want it to be. The ED currently has 46 staff booked on various resuscitation courses, compromising of both inhouse and external training. It is important to note that there is currently a delay with booking resuscitation courses via the resuscitation team due to staff shortages amongst the team which is currently affecting course availability. Resuscitation training is a recognised constraint	Acute Deterioration and Outreach Services Senior Nurse	31st March 2026

within the Health Board
and new ways of working
are being explored.
Please see attached
current training
compliance for ED
including all available
resuscitation courses
with a trajectory plan:
Current Trauma training
Compliance:
• MTLS = 45%
• TNCC = 24%
Overall level 2
trauma = 69%
(Band 6&7 only)
An 8a Senior Nurse for
Professional Education
has been appointed
(August 2025) who is
undertaking a training
needs analysis and a
study plan for all RNs
and HCSW which will
align across the 3 ED's.

			The Practice Development Nurses (PDN) across the 3 EDs are currently working towards instructor potential to enable and facilitate inhouse training to support training compliance improvements. A trajectory improvement action plan has been made to improve compliance to 100%.		
19.	In aid of learning and improvement -	The health board must ensure that both the department and the wider service remain fully informed of audit outcomes and areas requiring improvement. Audit findings and associated learning must be applied effectively and subject to re-audit at appropriate	CTMUHB recognises the importance of ensuring that staff are fully informed of audit outcomes and areas requiring improvement to promote staff engagement and drive continuous quality improvement.	Lead Nurse Unscheduled Care Senior Nurse ED Clinical Lead Emergency Department	Complete 30th September 2025

intervals to monitor	Audit outcomes are
progress.	shared with our clinical
	and nursing teams
	during departmental
	audit days, where each
	audit lead presents
	their findings to the
	wider group. These
	sessions provide a
	platform for open
	discussion, enabling
	staff to contribute to
	the development of
	improvement actions.
	The next planned audit
	day is scheduled for 5th
	November 2025.
	Audit results are also
	incorporated into our
	monthly Performance
	and Assurance
	meetings, which feeds
	into a ward-to-board
	assurance processes,
	ensuring a consistent
	and transparent flow of
	information across all
	levels of the
	organisation.

Further dissemination occurs through our departmental Governance meetings, where audit outcomes are reviewed and discussed with teams. Quality improvement projects arising from these audits are shared during our weekly departmental senior team meetings, weekly pan-CTM ED meetings, and Quality, Safety, Risk and Experience (QSRE) meetings for Unscheduled Care, promoting shared learning across the Health Board.

To ensure staff are kept up to date, new developments and improvement work driven by audits are communicated weekly via our "Message of the Week." This message is distributed through the ED internal social media

platform, the weekly ED newsletter, and displayed in the ED staffroom to maximise visibility. The ED clinicians have bi-annual audit day and a dedicated paediatric audit day been introduced in July 2025. CTMUHB remains committed to fostering a culture of quality improvement, learning, and transparency. Audit outcomes will be summarised and included in the weekly ED newsletter to enhance visibility and support wider team engagement.

		There is an ED	
		Consultant lead for	
		audit.	

The following section must be completed by a representative of the service who has overall responsibility and accountability for ensuring the improvement plan is actioned.

Service representative

Name (print): Sarah Follows

Job role: Service Director for Unscheduled Care Group, Cwm Taf Morgannwg University Health Board

Date: 29.9.2025