

ACTION PLAN IN RESPONSE TO THE HEALTHCARE INSPECTORATE WALES DIGNITY AND ESSENTIAL CARE INSPECTION WARDS B7 AND A6 NORTH, UNIVERSITY HOSPITAL OF WALES

Identified concern	Area and specific concern	Action	Executive and/or Operational Lead	Progress and Timescale
1. WARD ENVIRONMENT	- opcome concern		oporational Load	Timoodalo
(1.1)The Health Board should ensure that all staff are aware of the importance of ensuring bedside curtains are fully closed when providing treatment and personal care to patients	B7	(a) To re-order Dignity pegs, as there are insufficient quantities remaining on the ward.	Ward Sister	Completed Dignity pegs were ordered and in place by July 1 st 2013. All staff on the ward were reminded of the need to ensure curtains are completely closed to maintain patient's dignity and privacy at all times.
		(b) The Health Board Nursing Ward Visiting Guidance Tool to be used by in- patient Senior Nurses to monitor compliance (UHB wide) of the use of bedside curtains and relevant privacy tools. Findings from this monitoring approach to be reported through directorate	Senior Nurses in each Clinical Board	A schedule of dignity monitoring to be developed for 2013/2014 and implemented with effect from November 2013. Timescale: November 2013

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		Quality and Safety Groups.		
(1.2)The Health Board should ensure that measures are in place to inform others of personal care and treatment is being provided to patients so that the dignity of the patients is maintained	B7 and A6	(a) Ward teams to be reminded of the importance of maintaining dignity/ use of dignity pegs	Ward Sister	B7 – completed The use of dignity pegs attached to the curtains on all patients during this time will serve as an alert. This was discussed at multidisciplinary ward meetings and during the ward rounds which are accompanied by a nurse A6 – Completed "Personal care in
				progress" laminated signs are now in use to clip bed-area curtains closed.
		(b) 2 Minutes of your time patient questionnaire result to be reviewed to inform level of compliance	Lead nurse	Completed The results from the "2 mintues of your time" patient questionnaire are received by the Divisional Quality and Safety meeting on a monthly basis.
		(c) Fundamentals of Care audit results to be reviewed to inform compliance	Lead Nurses in each Clinical Board	Fundaments of care audits were completed by the end of August 2012 and re auditing will commence in October 2013. A report will be

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	specific concern		Operational Lead	Timescale provided to the Board in January 2014. Timescale: January 2014
(1.3) The Health Board should review the storage arrangements on A6 to ensure that equipment can be stored appropriately	A6 Clutter throughout the main ward, especially main corridor	Only necessary medical equipment to be stored in corridor.	Ward Sister	COMPLETED Review of environment in progress in order to identify options for storage.
(1.4) The Health Board should ensure that that all toilets are designated and that staff encourage patients to use correct toilets	A6 Signs not displayed on all doors. Both sexes using males designated toilet	Signage to clearly identify male and female toilet/bathrooms.	Ward Sister	COMPLETED Issue being addressed at ward level as part of dementia care improvement work- stream
		Standardised signage to be agreed and installed in all wards within the Health Board.	Assistant Director of Capital and Assets/ Estates Control Manager	The UHB Wayfinding group is providing a Health Board wide review of the provision of signage. A patient/service user survey is being constructed to inform the development of a work/implementation plan. Timescale: Review progress December 2013.

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2. Staff Attitude, Behaviours and Ability to Carry out Dignified care				
(2.1) The Health Board should review its current staffing levels on B7 to ensure that they are sufficient when the ward is at full capacity and/or when there is a higher level of patient acuity.	B7 Concerns as to whether staffing levels would be sufficient with the ward at full capacity.	Review of staffing levels	Lead Nurse in collaboration with the Clinical Board Nurse	Completed The ward establishment had been reviewed and guidelines developed regarding the maximum number of high acuity patients that can be cared for within agreed staffing establishment. In addition staffing has been uplifted since the time of the inspection. Further review regarding the establishment on B7 continues in line with the All-Wales Staffing Principles Guidance issued by the Chief Nursing Officer for Wales. Timescale: September 2013.
(2.2) The Health Board should ensure that all staff are wearing ID badges as a means to identify themselves whilst on duty	B7 and A6 Not all staff wore ID badges	Health Board Ward Visiting Guidance Tool to be used by the Senior Nurses to monitor compliance with the	Senior Nurses	The Ward Visiting Guidance Tool has been adopted across the UHB since December 2012 and will

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		wearing of ID badges at ward/team level.		continue to be used to monitor compliance with wearing of ID badges. The Executive Nurse Director will monitor compliance of this standard through the professional standards performance framework currently under development. Timescale: Annual review with effect from October 2013.
		The importance of wearing ID badges to be reinforced to all members of the MDT. Spot checks to be undertaken and findings reported to the relevant professional Head/Lead of service.	Executive Nurse Director/ Clinical Board Nurses	Completed All staff has since been reminded of the need to be displaying their ID badge at all times. Spot checks will continue to be undertaken throughout 2013/2014 by the Senior Nurse using the Ward Visiting Guidance Tool and through the Executive walk rounds. Timescale: To be reviewed March 2014
(2.3) The Health Board should	A6 Observed medical	Medical staff to be	Clinical Directors	Completed Specific incident

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ensure that staff who carry out	staff	reminded of the		discussed with Clinical
medical rounds do in a discreet and sensitive manner to	communicating sensitive	importance of being		Director. Nursing staff to advocate in such
	information loudly	discreet during ward rounds.		situations in future.
maintain privacy and dignity	Iniomation loudly	Tourius.		Situations in future.
		Ward round audit to be undertaken by the Medical Staff	Clinical Directors	Ward round audit tool was circulated to all Clinical Directors across the UHB so that dignity and respect of patients during ward rounds can be measured, and for improvement plans to be developed if necessary. The audit tool was circulated in September 2012, and will be recirulated for completion. Audit outcomes will be reviewed. Timescale: December
				2013.
3. Management of Patients with		entia 	Γ	
(6.4) Ti II III 5	B7 and A6			A6 north – completed
(3.1) The Health Board should	No pictorial signs	Work in partnership with	Consultant Nurse	Work has commenced
ensure that there are large	on patients bathroom/shower	RNIB to explore options to enhance the care	Older Vulnerable	as part of the
pictorial signs available on patient facilities such as	rooms to assist	ennance the care environment for those with	Adults/ Service	refurbishment
bathrooms and toilets	patients, especially those	a sensory impairment including Dementia.	Development Sister, Medicine	programme with a view to a corporate approach
	with confusion or			Aim to start spreading

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	dementia locating them		Operational Lead	best practice and lessons learnt in relation to door signage in September 2013. RNIB are currently commissioned by Welsh Government for two key pieces of work; • Learning Disability & Environment. Due in 6 months • Sight loss, Dementia
				and Environment. A good practice guide will be published in June 2013 and this will be used to inform the approach adopted with in the Health Board. Timescale: Review September 2013
(3.2) The Health Board should provide dementia awareness training to staff	B7 Staff had not received training and would welcome opportunity to access dementia training	To provide training to ward staff.	Ward Sister/training co-ordinator Medicine Directorate	7 ward staff have undertaken the dementia training since the inspection and more are planned to undertake this training over the coming months. A training schedule is in place and staff will be allocated places on a phased basis during 2013/2014.

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				Ward B7 now has nominated link nurses for the Butterfly scheme which is being embedded into practice. Timescale: To be reviewed in December 2013 Complete The UHB has developed a framework for dementia training. Training records are held by the Learning and Education Department.
4. Care Planning and Provision				
(4.1) The Health Board should ensure that patients receive the appropriate assessment in relation to their condition	B7 One patient had several wounds, but no wound assessment chart	A review of patient documentation is being undertaken	Ward Sister Senior nurse	The UHB has commenced a review of patient documentation to ensure that it reaches the standard outlined by the All Wales Documentation Group. The first pilot has commenced and roll out is pending results.
				Timescale: Documentation review will be completed and

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	specific concern		Operational Lead	Timescale amendments implemented by April 2014.
		The Ward Visiting Guidance Tool will be used by the Senior Nurse to monitor the standard of documentation	Senior Nurse	Completed Monitoring has commenced.
(4.2) The Health Board should ensure that patient assessments are fully completed by staff and inform the patients care plan on a routine basis	B7 Assessments not always updated and not apparent how assessments were linked to patients.	Ward Visiting Guidance Tool to be used by the Senior Nurse to review the standard of documentation.	Ward Sister/ Senior nurse	Ward Visiting Guidance Tool has been used to assess and monitor standard of documentation in B7 and areas for improvement identified. Monitoring continues and will be reviewed in January 2014 when FOC audit report is completed.
	A6 Care plans were not consistent with the patient assessments. Care plans were not evaluated. Care plans were generic and did not detail individual patient progress	A review of documentation has commenced to include care plans.	Ward Sister/Senior Nurse Executive Nurse Director/Senior Nurse Standards and Professional Regulation	A documentation review undertaken in December 2012- March 2013 identified that care plans required review and updating. As detailed below there is a UHB group established to review all nursing documentation and core care plan

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			•	design and content. First meeting of the group arranged for Friday 14 th June. Timescale: Progress review received in September 2013 by Clinical Standards Group and further review is scheduled for January 2014
		Ward Sister to remind staff of the importance of reviewing and updating care plans		Completed The existing care plans need to be reviewed and updated until replaced. This has been discussed at recent ward meetings and documentation audits performed by the Senior Nurses will continue to monitor compliance and areas for improvement. The ward has also introduced real time documentation.
(4.3)The Health Board should ensure that all in- patients have care plans which are adapted to	B7 and A6 Care plans were generic and did not detail the	To work with, inform, test and implement agreed UHB standards for care	Executive Nurse Director	The Clinical Standards and Innovation Group has established a Task

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specific patient needs and that there care plans are regularly evaluated	specific needs of individual patients. Limited evidence to show that any evaluation of care being undertaken	planning as determined by the Clinical Standards and Innovation Group for documentation - Care plan reviews.	Designated Clinical Board lead/Clinical Standards representative	and Finish group to review all existing core care plans and identify and agreed template and standard for an revised or new core care plans. The aim of the work is to ensure that the care plans used within C&V UHB meet a an All Wales standard allowing for individualisation to meet the persons care needs, are fit for purpose in line with MDT care planning. Timescale: For review September 2013 with completion scheduled by April 2014
5. Records Management	A6 Non spinal patients did not have care plans	All patients will have an individualised plan of care in place	Ward Sister/ Practice Nurse Educator	COMPLETED Care plan review activity was undertaken to ensure all care plans comply with UHB guidance. Care plans are now available for all patients.
J. Necords Management	B7			
(5.1)The Health Board should ensure that patients notes are	Documentation completed	Ward Sister to undertake documentation audits and	Ward Sister	Audits planned to start immediately and

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completed immediately by staff following care and treatment.	retrospectively. Provision of personal care was not consistently documented by staff	discuss outcomes with staff.		education sessions to be delivered during July 2013. Areas for improvement are being raised with the individual concerned. Education sessions regarding the importance of accurate and timely documentation will be held on the ward. Timescale: Progress will be reviewed in September 2013
	A6 Food and fluid charts were not routinely fully completed by staff	Ward Visiting Guidance Tool used to be used by the Senior Nurse and Deputy Ward Sister to review the standard of documentation. Ward Sister to remind all staff of the importance of completing food and fluid charts	Senior nurse/ Ward Sister	Completed Spot audits of documentation compliance and quality being undertaken monthly by Deputy Ward Manager and Senior Nurse Completed Ward Sister reminded all staff of the importance of completing food and fluid charts in the June 2013 ward meeting Ward Sister has also introduced a named person system for

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				checking the charts on a daily basis as a means of improving compliance
(5.2)The Health Board should ensure that all DNAR forms are fully completed and evidence discussions with the patient and /or the patient's family	Staff unaware a decision for DNAR (now known as a DNACPR form) had been made. No evidence to show that any discussion had taken place with next of kin or family.	DNACPR decision to be discussed with the patient and/or family or next of kin.	Ward Sister and Consultant staff attached to ward B7	Completed DNACPR status are now discussed during the daily Board Rounds. Evidence of discussion with the family to be gathered and closely monitored. This will also be discussed at next Divisional Q&S meeting in August 2013 to raise awareness and learn lessons
6. Fluid And Nutrition				
(6.1)The Health Board should consider implementing protected meal times on B7	B7 Protected meal times were not in place on the ward	Protected meal times to be fully and consistently implemented.	Ward Sister/Senior Nurse	Completed Protected mealtimes have been re-launched on Ward B7.
		The principles of protected meal times will be reinforced to all ward areas	Executive Nurse Director/Lead Nurse Patient Experience	A PROTECTED poster has been developed by the UHB Fundamentals of Care group which acts as a reminder of the key principles of this important initiative. This was approved in October 2013 and will be printed and

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				distributed to each ward
				Sister/Charge nurse
				Timescale : December 2013
	B7			Completed
(6.2)The Health Board should	3 senior staff	Break times to be	Ward Sister/Senior	Since the informal
review the staff break rota	were going to	planned to ensure that the	Nurse	feedback from HIW
system to ensure that there are	break leaving	maximum amount of staff		which was received on
sufficient staff levels on the	limited staff	re available to assist with		the day, Ward B7 has
ward at mealtimes.	available to	mealtimes		addressed this and
	provide support			altered the ward break
	with mealtimes.			times to ensure staffing
	This led to delays			is at it's maximum to
	in serving food			assist patients attend to
	and delays in			their dietary
	providing			requirements.
	assistance to			This is being monitored
	patients.			by the Senior Nurse.
	A6 and B7			B7 Completed
(6.3)The Health Board should	Patients not	Patients as well as the	Ward Sister/ Senior	Ward Sister has
ensure that all patients are	positioned	environment to prepared	Nurse	implemented pre -meal
appropriately prepared prior to	appropriately.	in readiness for		time checks on the ward
meal times	Bed side tables	mealtimes.		to include appropriate
	not			and comfortable
	cleaned/cleared.			positioning of patients.
				This will include
				clearance of the
				bedside tables and the
				offer of hand washing
				immediately prior to
				meal times. Already
				established but ongoing
				monitoring for

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				compliance
				A6 Completed
				Staff reminded of the
				importance of
				preparation of the
				patient and environment
				for mealtimes,
	B7			Completed
(6.4)The Health Board should	Delay in providing	Patients to be assisted as	Ward Sister	As above, this has been
make sure that all patients who	assistance to	soon as the meal is		addressed by the ward
require assistance to eat their	patients who	provided		Sister and staff break
meals are provided with the	require help to			times have been
assistance they require	eat.			adjusted to meet patient
				need.
	B7			As above , this will be
(6.5)The Health Board should	There did not	The use of red trays and	Ward Sister/Senior	addressed at the next
ensure that all staff are aware of	appear to be any	the benefits to patients to	Nurse	Ward meeting and other
the correct purpose of the red	supervision from	be revisited and an		initiatives implemented
tray initiative to identify patients	staff for the	appropriate approach		will assist with achieving
who require assistance to eat.	patients with red trays	adopted consistently within the ward.		this recommendation
				Timescale: August
				2013
	B7			Completed
(6.6) The Health Board should	A patient found a	Immediate action to	Assistant Director of	This was investigated
provide HIW with assurance	drawing pin inside	identify source of drawing	Capital and	on the day of the HIW
that an internal investigation	her food	pin and steps to be taken	Assets/Head of	inspection and
took place to determine the		to prevent a reoccurrence.	Patient Environment	immediate action taken.
source of the drawing pin and				The Catering Supervisor
what actions have been taken				attended the ward,
to ensure that any similar				identified a possible
incidents occur in the future				source of the foreign
				object in the meal
				(associated with

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	B7			positioning of food trolley near a notice board). Completed
(6.7)The Health Board should ensure that food consumed by patients is reflected in the patient's notes	Food consumed by patients was not always reflected in patient's notes	To monitor and remind staff of the importance of real time documentation for food and fluid charts		Food and fluid charts have since been audited and compliance is particularly high.
(6.8)The Health Board should ensure that patient are routinely encouraged to drink by staff	A6 Little encouragement observed from staff to get patients to drink fluids	Intentional rounding to be introduced consistently within the ward	Ward Sister/Senior Nurse	Completed Staff were commended at the time of inspection for positioning patients to allow them to drink. The ward encourages independence and use special beakers and sports bottles. The implementation of Intentional Rounding should ensure that patients are prompted / offered supported to drink on a 2 hourly minimum basis, with additional support provided as necessary,
7. Pressure Sores	B7	T		Complete
(7.1)The Health Board should ensure that SKIN documentation is fully completed and regularly updated by staff	Level of detail provided in documentation was inconsistent.	Intentional rounding to be re- launched.	Service Development Sister/ Ward Sister	As part of Clinical Board improvement work under Transforming Care Intentional Rounding has been re-

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	specific concern	Use of SKIN Bundle to be promoted and compliance to be monitored.	Executive Nurse Director/Clinical Board Nurses	Iaunched with a Standard Operating Procedure to address fundamental care needs and safety of all patients. This has already been undertaken, but ongoing work to embed and ensure compliance SKIN documentation records the action taken for patients requiring Intentional Rounding in relation to managing those assessed at risk of pressure damage. The re-launched Intentional Rounding- INSPIRE has been standardised across General Medical wards to address the multi factorial safety and comfort needs of our patients, including SKIN, risk of falls, pain, Environment. SKIN Bundle has been introduced to all in- patient areas within the UHB and monitoring of

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O. Dave and Core and Uhariana	Specific concern		Operational Lead	impact is being undertaken via the team dashboard and through performance reviews.
8. Personal Care and Hygiene	B7			Completed
(8.1)The Health Board should ensure that all staff are aware and adhere to all aspects of patient personal care needs	The needs of a number of patients did not appear to have been met. A few patients had dirty fingernails	All patients will have their health care needs met as indicated on their personalised care plan. To reinforce the importance of including nail care and cleanliness as part of the patient's personal care	Ward Sister/Senior Nurse	Completed Many staff has since attended the Nail care training days and have had competency assessments on the ward. Nail kits have also been ordered to ensure high standards of nail care exist.
		Outcome of the Fundamentals of care audit to be reviewed in relation to personal care standards.	Executive Nurse Director/Clinical Board Nurses	The next round of auditing wil commences in October 2013 and a report will be presented to the Board in January 2014. Timescale: January 2014
(8.2)The Health Board should ensure that, where possible, patients are dressed in their own clothing.	B7 and A6 Some patients were wearing gowns.	Ward staff to ensure that all patients are dressed, wherever available, in their own clothing.	Ward Sister/Senior Nurse	B7 The ward strives to dress patients where possible in their own clothes. However there are times when a patient may have a very limited supply of

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				nightwear available and on occasions where a patient does not have any clean clothing gowns are worn to ensure patients dignity. The situation will be monitored through the use of the Ward Visiting Guidance Tool used by the Senior Nurse.
				A6 Some patients choose to wear a gown and the gown is most suited to their needs because of spinal injury. Relatives are also asked to bring in larger sized pyjamas. Clothing with buttons or zips are not suitable
				The UHB Linen User Group has commenced work to source a range of garments/gowns to suite the needs of patients across the UHB. Timescales are dependent on the Welsh Government sign off of the Linen contract for the UHB.

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				Timescale: Situation was reviewed in September 2013 and some progress has been made regarding the provision of suitable clothing. A further review is scheduled for January 2014
(8.3)The Health Board should ensure that al patients are provided with the opportunity to wash their hands prior to mealtimes.	B7 and A6 Staff not observed offering hand washing facilities prior to meal times	Ward Sister to remind ward team of the importance of hand hygiene for patients at meal times.	Ward Sister/Senior Nurse	Completed The Ward Sister has implemented pre -meal time checks on the ward. This will include the offer of hand washing immediately prior to meal times. In order to support compliance, A6 have introduced hand wipes.
(8.4)The Health Board should review the provision of linen to ensure that there is an adequate supply is consistently available on wards.	B7 On occasions there is not enough linen available	To ensure that there is an adequate provision of linen to all ward areas.	Head of Patient Environment/Senior Nurse	Arrangements have been made for the patient experience team to meet with Sister to review the supply of linen. The Patient Environment Team has

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				established a new linen
				service which allows for
				a provision 24 hours a
				day via the portering
				service. Also, the linen
				supply is reviewed prior
				to Bank holidays to ensure that there is an
				adequate supply across
				all hospital sites.
				an nospital sites.
9 Toilet Needs				
	B7			
(9.1)The Health Board should	Evidence of	To make sure that	Ward Sister	Use of INSPIRE
ensure that patients are	inappropriate use	continence needs are		intentional rounding to
supported by staff to use the	of incontinence	appropriately assessed on		capture all patients
toilet method of choice	pads as very few	admission.		toileting needs. This
	patients were			includes the offer of
	observed being			toileting where
	assisted by staff to and form the			appropriate on a 2-3 hourly basis.
	to and form the			One ward in the
	patients being			Medicine Directorate is
	able to.			auditing the use of Pads
				the outcome of which
				will inform further action
				across the directorate.
				Timescale: Progress to
				be reviewed September
				2013
		To issue all wards/teams	Executive Nurse	
		with a copy of the all-Wales	Director/UHB Lead	All-Wales package has
		continence training and	Nurse for	been recvied and
		development package when	Continence	launched at the Cardiff

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	·	available.	Services	and Vale UHB Nursing and Midwifery Conference. Roll out and training is being progressed.
		Ward Sister to seek advice and training update for the ward team from the UHB Lead Nurse for Continence Services	Ward Sister/Senior Nurse	
(9.2)The Health Board should ensure that any damaged commodes are replaced or repaired	B7 The lid on one commode was broken	Commode lid to be replaced	Ward Sister/Senior Nurse	Completed The commode lid has now been replaced. Commode audits are undertaken by the UHB Infection Prevention and Control Team and findings are shared with the clinical team and directorate leads.
10. Call Bells /Buzzers				
(10.1)The Health Board should ensure that all patients have access to a fully functional buzzer art their bedside.	B7 Only half the patients on the ward had access to a buzzer	The Ward Visiting Guidance Tool to be used by the Senior Nurse to monitor the provision of call bells for all patients	Ward Sister/ Senior Nurse	Completed This had been identified prior to the day of the inspection. B7 had recently undergone a major refurbishment and the type of patient call buzzer was different to those already in existence within the

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				UHB. An order had been placed and was received the following day. The ward now keeps a supply at all times to ensure that no patient is without a working call.
		Staff to be reminded of the need to ensure patient call bells are within easy reach		Completed Checking that patient call bells are within easy reach is part of the intentional rounding tool.
		Ward Visiting Guidance Tool will be used by the Senior Nurse to monitor that call bells are available and within reach of the patients	Senior Nurse	Completed Ward round visiting guide already introduced and utilised by the Senior Nurse
(10.2) The Health Board should ensure that staff aim to answer buzzers promptly to provide an explanation and reassurance to patients if they are unable to do this because they are busy.	B7 Patients reported that the response time could be delayed if staff were busy	Response to call bells to be monitored to ensure that response times are adequate and appropriate.	Ward Sister/Senior Nurse	Ward Sister has already reminded staff that buzzers must answer as promptly as possible. Staffing levels have been uplifted which should ensure a timelier response. Unannounced Observations of Care and the use of the Ward Visiting Guidance Tool

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				will be used across the
				UHB to monitor
				timeliness of response
				where automated monitoring is not
				available.
				avanabio.
				Timescale: this was
				reviewed in September
				2013 and the visiting
				guide is being updated to provide a more robust
				process of quality
				assurance. This will be
				completed for first
				review in November
				2013
		To review the outcome of	Lead nurse in each	Complete
		the 2 minutes of your time	Clinical Board	Reports are provided
		feedback and take action to		each month to the
		make improvement as		Clinical Board Quality
		required		and Safety meeting.
	A6			Completed
(10.3) The Health Board should	Emergency	The provision of call bells to	Ward Sister/Senior	
ensure that the broken buzzer	buzzer in one of	be reviewed on a weekly	Nurse	Call bell string repaired
which was identified on A6 is	the toilets was	basis by the Ward Sister		immediately. Audit of
repaired	broken.			call bell function added to weekly task list.
				to weekly lask list.
11. Communication	<u>I</u>	<u> </u>		1
	B7 and A6			
(11.1)The Health Board should	No	To ensure that	Ward Sister/Senior	Ward B7 has a hearing
ensure that communication aids	communication	communication aides are	Nurse	loop available. All staff

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are available to assist patients with sensory impairments and that staff are aware of the aids.	aids to assist patients with sensory impairment	provide for patients based upon identified need.		are now aware of this facility and how to use it. Use of the equipment will be monitored and reported back to the Directorate Quality and Safety Group. Timescale: Review December 2013 A6 COMPLETED Speech and Language Therapists provided as required. Speech and language therapist allocated to A6 made aware of HIW observation. Access to appropriate equipment to be progressed and staff made aware of access arrangements.
		Therapies to provide advice on what aides are available.	Head of Therapies/Senior Nurse Standards and Professional Regulation	Head of Therapies will be invited to the UHB Fundamentals of Care meeting to advise on way forward. Timescale: January 2014
12. Medicine and Pain Management				
	B7			Completed

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(12.1) The Health Board should ensure that after identifying that a patient is in pain, a pain assessment is undertaken immediately and a plan of action is put into place which is regularly reviewed and evaluated.	There were no pain assessment tools in use on the ward	Pain assessment tool to be developed for the ward	Орегаціонаї Lead	Pain assessment has been included within INSPIRE intentional rounding.
		To review the provision of a suitable pain tool suitable for use with patients with cognitive impairment	Consultant Nurse Older People/Senior Nurse Pain Service	With the introduction of the All Wales NEWS chart, pain assessment scoring was not included within this and there is now a variance in tools used. A standard operating tool suitable for persons all patients including those with Sensory Impairment such as Dementia is required across all wards Timescales: December 2013
(12.2)The Health Board should ensure that methods are in place to ensure that patients take their medication when its administered and therefore not left unattended on patient's bedside cabinets	B7 Staff observed leaving medication on bedside tables	Staff to be reminded of the importance of adhering to UHB policies and procedures regarding the administration of medicines.	Executive Nurse Director/Clinical Board Nurses Ward Sister/ Senior Nurses	Completed All staff have been reminded that under no circumstances can medication be left on the patients bedside table. This has been reinforced at ward meetings and at the

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	specific concern		Operational Lead	Timescale daily safety briefings. Staff are being monitored for compliance. Executive Nurse Director has met with all Sisters/Charge nurses to reinforce the message.
		Spot review of medicine management audits to be undertaken and result fed back to the clinical areas promptly	Senior Nurse	Completed Audits are being undertaken. Compliance is discussed with the Executive Nurse Director
13. Discharge Planning				T -
(13.1)The Health Board should ensure that systems are in place to prevent delayed discharge for patients	B7 Discharge planning process can be delayed if Coordinator is subsumed into staffing numbers.	To ensure that an appropriate nurse is allocated to the role of shift coordinator for each day shift who will coordinate the discharge process	Ward Sister/and Consultants	Completed B7 had a high turnover and short length of stay. Now staffing levels have improved, Co-ordinator is released to drive discharge planning and escalation of constraints Improvements are being monitored through the review of patient feedback from the "2 minutes of your time" patient questionnaire.

Identified concern	Area and specific concern	Action	Executive and/or Operational Lead	Progress and Timescale
	B7 and A6 Patients said that they had not been involved in discharge planning	Discharge planning to be included in the admission process To be monitored monthly via 2 minutes of your time questionnaires.	Ward Sister/Senior Nurse	Completed B7: Ward Co-ordinator ensures involvement in discharge planning and ongoing care. A6: discharge arrangements are commenced as soon as patient is fit and that their outcome is known. Many of the patients are repatriated.
	A6 Access to social workers delay patient discharge	Reasons for delayed dischargers to be reported on a weekly basis to the Chief Operating officer and action for improvement planned if necessary.	Chief Operating Officer	Completed Delays reported to UHB on a weekly basis to aid resource allocation and target areas of changing need
14. Activities				
(14.1)The Health Board should consider ways to provide patients with activities and stimulation throughout their hospital stay	Patients said that the bed side TVs were too expensive to use. No evidence of any stimulation or activities for patients.	Activities/stimulation to be provided for patients	Ward Sister/Senior Nurse	The UHB has an existing contract with Patient Line. The ward does not have a dayroom and prior to the refurbishment this was raised as a concern. The ward does have a ward trolley via WRVS which does bring newspapers and magazines to the ward

Identified concern	Area and specific concern	Action	Executive and/or Operational Lead	Progress and Timescale
				and the ward does have a supply of books.
				The ward is investigating the possibility of providing games. However it must be taken into consideration that Ward B7 is a high acuity ward with a rapid turnover.
				Timescale: Situation to be reviewed September 2013
	A6 No evidence of any stimulation or activities for patients.	Activities/stimulation to be provided for patients		Work is progressing with investigating potential for volunteers to assist with talking/reading etc to patients who have limited visitors. Individual music etc encouraged where appropriate given acute nature of the care. All bed areas have Patient line TV/Music/telephone. Timescale: Reviewed in September 2013 and a further review is p[planned for February

Identified concern	Area and specific concern	Action	Executive and/or Operational Lead	Progress and Timescale
				2014
		To develop the role of		Completed
		Volunteers in supporting recreational activities for		The UHB has developed a
		patients		Volunteering strategy and provide a variety of
				services across the
				UHB on a group and individual basis.